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EXCLUSIVE TO METRO

SHANNON'S 'DATE' AT MISTER MCFUNBURY INCLUDES 3-FOR-1 MARTINIS, TRASHING THE 3 SARAHs AND A LANGUAGE LESSON FROM MR. XU (PRONOUNCED MR. SHOE) **PAGE 8**



Coun.: There's controversy in London, too

Coun. Stephen Orser still wants to know how much Ontario ombudsman spent in Billy T's probe **PAGE 3**

Survey says: Where do you want to go?

London International Airport sets up online survey to aid negotiations with Porter Airlines **PAGE 4**

Twitter faaaail #youre offensive #youre fired

We review cases in which bad tweets, comments, posting went awry **PAGE 15**



Toronto Mayor Rob Ford made another emotional apology for his "mistakes" Tuesday, but says he loves his job and has no plans to step aside. THE CANADIAN PRESS

Ford won't fall on his sword

Toronto. Western U expert says it would be tough to remove crack scandal mayor



"I was elected to do a job, and that's exactly what I'm going to do."

With those words, Mayor Rob Ford declared he was staying put at Toronto City Hall, despite admitting he smoked crack cocaine.

And stay put he will. According to a Western University expert, if Ford doesn't resign then he's almost impossible to remove.

Professor Andrew Sancton, of the university's political science department, said there is "no mechanism in the current

law" to remove a mayor, except in rare circumstances.

At the end of an astonishing day in Toronto, in which he admitted smoking crack "during one of my drunken stupors" about a year before, Ford faced the media and said he had "nothing left to hide."

"I would do anything, absolutely anything, to change the past," he said in a tearful statement. "But the past is the past, and we must move forward."

Ford continued: "I want to be crystal clear to every single person. These mistakes will never, ever, ever happen again."

"I kept this from my family, especially my brother Doug, my staff, my council colleagues, because I was embarrassed and ashamed."

"The residents of Toronto, I know I have let you down and I can't do anything else but apologize and apologize."

"I'm so sorry." And that's it.

Based on Ontario's Municipal Act, Ford stays in office unless he is imprisoned or leaves town for a long period, said Sancton.

The alternative is for the Ontario legislature to "simply pass a law declaring that the office of Toronto mayor was vacant," added the professor, but it would be unlikely.

Pretty much the only common way of removing a mayor is to elect someone else, and it's anyone's guess whether that could happen.

Sancton said the crack admission might cause Ford's popular support to "erode," but that hasn't happened so far.

In fact, last week, after police Chief Bill Blair confirmed the mayor was seen on a video that was recovered by police, Ford's rating rose, from 39 per cent on Oct. 28 to 44 per cent.

More coverage, page 6

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**HURRY...VIP DEADLINE
MIDNIGHT TOMORROW!**



News in pictures



1 Adelaide crossing.

Councillors agreed once and for all Tuesday to make building an overpass or underpass at Adelaide Street near Central the city's top priority for rail crossings. It could take years to find money for the project. City treasurer Martin Hayward had warned there are competing costs, including those for the repair of Blackfriars Bridge and creation of the bus rapid transit network.

2 Greenway expansion.

City staff are planning a public meeting about the Greenway Pollution Control Plant's expansion, council was told Tuesday night. It follows confusion caused by a leafleting campaign. The expansion is designed to improve performance and increase capacity.

3 Garbage collections.

There won't be weekly garbage collections in London anytime soon, a councillor has said. Council heard Tuesday that there was confusion after the last civic works committee meeting, due to councillors saying they favoured weekly collections.

ALL PHOTOS MIKE DONACHIE/METRO

Another Grand performance

Tuesday was a happy day at The Grand Theatre as management revealed an operating surplus for the 14th year in a row.

It came just a day after councillors, commenting on competing plans for a performance arts venue in

London, said they wanted assurances that annual costs wouldn't mean a headache for the taxpayer.

The Grand announced a surplus of \$23,918 for the 2012-13 season.

The latest annual surplus brings the theatre's accumu-

lated surplus to a total of \$376,154.

"Clearly, running a theatre and achieving a 14th consecutive surplus is a result of a team effort," executive director Deb Harvey said.

The Grand and Orchestra London each have a plan for

massive expansion, supported by commercial developments, that involves large new performance venues.

The city has decided to ask the people behind each project for more information on finances tied to the proposals.

MIKE DONACHIE/METRO

Councillor biting deep into Billy T's probe

How much? Orser still wants ombudsman to reveal costs of investigation

Think the Billy T's controversy is over and done with? Think again.

Coun. Stephen Orser isn't letting it go. He's still demanding to know how much Ontario Ombudsman Andre Marin spent on his investigation, and he might even find out.

"I have made an official freedom of information request for the costs of the investigation," Orser told Metro. "I've put his feet to the fire. He's going to have to answer."

Orser's own estimate of the costs is "more than \$200,000."

"It's insane," Orser said about the effort and time put into probe. "It's like moving a chair with a transport truck."

Numbers have been conspicuously absent in the Billy T's affair.

When delivering his report on the affair last month, Marin said he couldn't disclose his

In a nutshell

- Mayor Joe Fontana met Coun.s Stephen Orser, Joe Swan, Bud Polhill, Sandy White, Dale Henderson and Paul Van Meerbergen for lunch at Billy T's Tap and Grill on Feb. 23.
- Ontario Ombudsman Andre Marin investigated, and ruled the meeting was illegal because city council must operate in public.
- The councillors disagree, saying their encounter was by chance.

costs because they were part of the budget he's allotted for such work from the province. The city has declined to reveal what it paid for lawyers to represent the six council members until the number is reported at a public meeting.

Orser is also repeating his call for the city to hire its own integrity commissioner to replace the ombudsman as London's meetings watchdog.

MIKE DONACHIE/METRO



Coun. Stephen Orser, pictured during Tuesday's council meeting, has taken action to find out the true cost of the ombudsman's Billy T's investigation.

MIKE DONACHIE/METRO

Insurance bureau

Distracted drivers surpass drunk drivers as 'serious danger'

Calls are growing louder for tougher penalties against Ontario motorists caught using their cellphones and electronic devices while driving.

Distracted driving has "definitely" overtaken drunk driving as a serious danger on the roads, the Insurance Bureau of Canada said Tuesday.

"We've seen with long weekends, four times

as many people being charged with distracted driving than with impaired driving," said Doug DeRabie, the bureau's director of government relations.

Advocates are urging the governing Liberals to impose larger fines and demerit points for drivers convicted of distracted driving. A private member's bill that proposes the changes received all party support last week in the legislature.

Other provinces and territories have already started using demerit points to help enforce their laws.

THE CANADIAN PRESS

Anonymous gift

'Caring' fund gets big boost

The first donation to the London Community Foundation's Smart and Caring Community Fund was a hefty one.

An anonymous gift of \$200,000 has been given to the fund, launched to generate money for addressing the community's most pressing issues. The family that made the donation was inspired by Governor General David Johnston's message about taking part in local philanthropy, the foundation said. **METRO**

Cadet units

Honouring vets

Cadet units from across London will take part in a 24-hour vigil at the Cenotaph this weekend.

It starts at 11 a.m. Sunday and ends at the start of the Remembrance Parade on Monday.

Air Cadets from 27, 614, 599 and 862 Squadrons will participate with Army Cadets from No. 9 Corps and Sea Cadets from 37 Corps "Courageous," standing guard as a mark of respect to veterans.

Cadet bands will play at sunset. **METRO**

London International Airport is looking to soar with your help

Economic impact.

Currently, the airport is averaging 40 departures and arrivals daily



MIKE DONACHIE
mike.donachie@metronews.ca

London's airport is out to catch more business, and you can help.

The management at London International Airport has set up an online survey that's designed to show the desire for more flights there.

"Significant discussions" are ongoing with Porter Airlines, who were last week named best small airline in the world by Conde Nast Traveler.

Now that the fish is on



Vital to the economy: London International Airport is calling on the public to show their support. MIKE DONACHIE/METRO

the line, the plan is to land it, with help from the London Economic Development Corp., which is promoting the

effort.

"It is important to send a strong message about London's excitement to have

Porter as a travel partner and assure Porter that the London market would be supportive and would take full advantage

of the service from London," the LEDC said in a statement. Kapil Lakhota, the LEDC's interim general manager, is

leading the charge, saying the success of the airport is vital to London.

"With the current flights with United, Air Canada and others, there are more than 400,000 passengers that use the London International Airport every year," he said. "We're hoping that additional services will continue boosting the profile of the airport in this region."

He said the LEDC is keen to help boost the profile of the survey so as many people as possible take part.

The hope is to keep London on the global stage. The airport is averaging 40 departures and arrivals per day.

On the web

For more local news go to metronews.ca



'Dismaying that a lovely person like that is gone'

Ardith Heller was known for rushing home to make sure her beloved dogs got their evening walk.

She did that Saturday in the final hours of her life — leaving her post as an usher with Orchestra London en route to her waiting pets.

"We had a lovely time on Saturday night. We worked together, we just chatted away," said Mae Kersey, who volunteered alongside Heller, 66, for the past three years. "She rushed home, probably walked the dogs Saturday night and was up again Sunday morning."

That morning walk with her Shih Tzus was Heller's last.

She was hit by an east-bound car at Wonderland Road North and Aldersbrook Road — only blocks away from her home — and taken to hospital in critical condition. Heller died later that night, police said Tuesday.

Kersey will remember Heller as a "kind," "gentle" and "soft-spoken" woman

with whom she shared many laughs.

"It's so shocking and so dismaying that a lovely person like that is gone," Kersey said. "I'm going to miss her."

A singer in the Wesley-Knox church choir and with Fanshawe Chorus London, music was "one of the biggest parts" of Heller's life, said Lorene Coutu.

Coutu had known Heller for more than two decades. They worked together during Heller's career as an ESL teacher and reconnected through Orchestra London.

Heller left Saturday's concert upbeat and in awe of the performance, Coutu said.

"She was so happy," Coutu said. "I'm so glad I got the chance to talk to her."

The driver involved in the crash — identified only as a 54-year-old woman — was not injured, police have said. No charges have been laid. The police investigation is ongoing.

ANGELA MULLINS/METRO



Hello, Dolly! How are you liking London?

Sally Struthers performs as the iconic Dolly Levi as Hello, Dolly! rolls into Budweiser Gardens on Tuesday. The show was the first in the 2013-14 Broadway in London series. Upcoming shows are: Stomp, Jan. 11; Chicago, Feb. 10; American Idol, March 3; Beauty and the Beast, April 2; and The Midtown Men, April 23. Check budweisergardens.com for ticket information. MARK SPOWART/FOR METRO

Westminster Secondary

New floor finally a reality at school

The long road is over for students and staff at Westminster Secondary School.

The school's new hardwood gym floor is to be unveiled during a Nov. 20 event, following seven years of fundraising.

During the launch, the floor will be put to the test with a pep rally, a drama production and a dance presentation. METRO

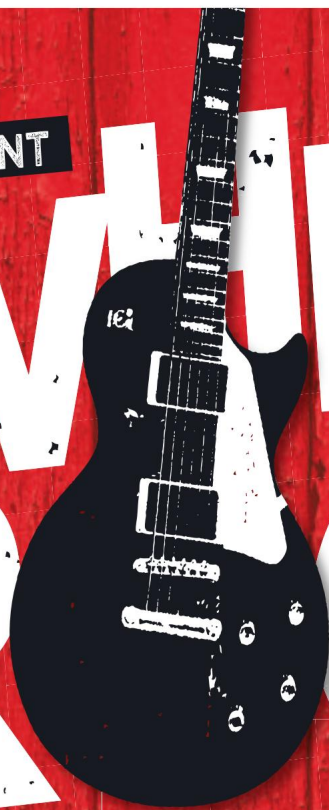
Conference

Western to host Toronto councillor

An annual conference run by Western University alumni will hear from a Toronto councillor this week. Karen Stintz, who is chair of the Toronto Transit Commission, will speak to the Local Government Program Alumni Society on Friday. Innovation in public service is this year's theme, which also includes talks from former London coun. Gord Hume, Susanna Hubbard and Josh Morgan from London Public Library, and Kate Graham, manager of corporate initiatives at the city of London. METRO

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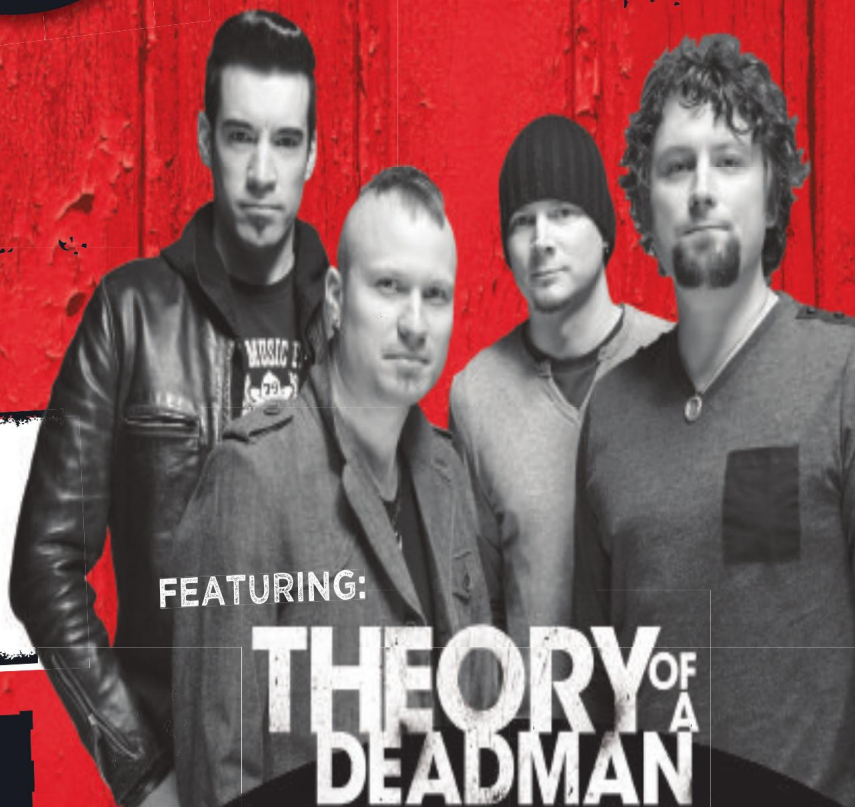
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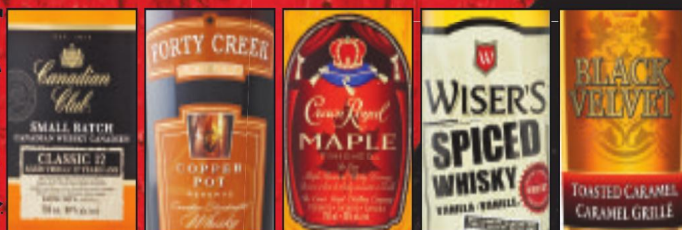


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News in pictures



1 Protest. Cries for resignation

Adriano Belmonte, holding up his misspelled sign, was among protesters at Toronto City Hall Tuesday. Members of Anonymous came down to city hall to call on Rob Ford to resign. **TORSTAR NEWS SERVICE**

2 Strategy. All part of a plan?

Ford's admission that he has smoked crack cocaine is not enough for police to act, and so appears to be little more than a "cynical attempt" to curry sympathy, said criminal lawyer James Lockyer. "He is playing a very, very clever game here," Lockyer said. **TORSTAR NEWS SERVICE**

3 Probe. Calling out chief cop

The Toronto Police Services Board should investigate "inappropriate" comments by Chief Bill Blair, said Coun. Doug Ford, the mayor's brother, on Tuesday, adding Blair should step aside while that investigation takes place. Blair last week said he was "disappointed" upon viewing the video. **TORSTAR NEWS SERVICE**

U.S. chuckles at Rob Ford hijinks



Toronto Mayor Rob Ford speaks to the media following Tuesday's admission. Ford did not step down, saying city business must go on. RICK MADONIK/TORSTAR NEWS SERVICE

Confession. Time and distance makes Ford far funnier to Americans than earlier U.S. scandal

Rob Ford's shocking admission clashes with the image many foreigners have of Canada, a political expert said Tuesday as the news took the world media by storm.

"It either breaks the narrative of the uptight Canadians or it plays to another narrative they have of the very liberal Canadians," said Peter Graefe, a political-science professor at

McMaster University.

Within moments of the confession, it was splashed across major news websites abroad, including CNN and the BBC. Several U.S. networks carried the mayor's second news conference live.

The scandal has been a particular favourite with U.S. media, with some comparing the Ford affair to the case of former Washington, D.C., mayor Marion Barry, who was busted smoking crack cocaine by an FBI sting in 1990.

Ford has also been a recurring target for late-night talk shows such as The Daily Show, which poked fun at Ford as re-

cently as Monday night. Even serious news outlets have taken a more lighthearted tone, something Graefe attributes to distance.

"It's not news when it's in other cities.... It's comedy."

A story posted on the Washington Post's website highlighted the vastly different reactions stirred by the Ford and Barry scandals.

"It's a different world now than it was in 1990. Between social media and 24-hour news networks, a white Canadian mayor admitting that he uses drugs is looked at as a source of comedy," Clinton Yates wrote.

"In those days, it was a rea-

son to vilify a majority-black city for a drug epidemic that took countless lives."

Ford's name was trending on Twitter for much of Tuesday.

"Rob Ford's crack habit is the only thing I know about Canadian politics. I wonder if I'm alone in that. (Probably not)," read a tweet from New York.

Ford's supporters defended him online, saying he's been picked on by police and media.

"I think @TorontoPolice should leave @TOMayorFord alone. Months of air surveillance is excessive and ridiculous," one wrote.

THE CANADIAN PRESS

Law



"The police service and the judicial system have to take action. But the mayor will have to make his decisions about what is appropriate right now."

Premier Kathleen Wynne

Order



"It's certainly a sad day for the city of Toronto... I'm the justice minister; you know where I stand on the use of illegal drugs. As a human being, I think that the mayor of Toronto needs to get help."

Conservative MP Peter MacKay

Health



"I look forward to seeing Rob Ford get the help he obviously needs."

Federal Liberal Leader Justin Trudeau

Responsibility



"I sincerely hope Mr. Ford will do the right thing for Toronto and the right thing for himself, which includes taking care of himself properly."

Federal NDP Leader Thomas Mulcair

Sochi 2014

Olympic relay to make stop in space

For the first time in history, the Olympic torch will be taken on a spacewalk. The 2014 Sochi Winter Olympics torch will be sent to the International Space Station on board a Russian spacecraft this week, and astronauts will then carry it outside. **THE ASSOCIATED PRESS**

Deal with Alberta

B.C. relents on pipeline royalties

With hopes of a trillion-dollar liquefied-natural-gas industry in her province's not-too-distant future, B.C. Premier Christy Clark has agreed it will keep its hands out of Alberta's pockets where oil pipeline royalties are concerned.

The agreement removes

the prospect of the neighbouring province holding B.C.'s natural-gas hostage, but gives B.C. little else.

In return, Alberta "agrees that B.C. has a right to negotiate with industry on appropriate economic benefits." Clark suggested a proposed oil refinery project, pipeline tolls and even federal revenues are still on the table for B.C. to get the "fair share" of economic benefits.

THE CANADIAN PRESS

Up to \$300,000

Feds budget cash to curb sexual violence

The federal government is inviting proposals from community organizations to prevent online harassment and other sexual violence against girls and women.

One category of eligible projects involves preventing and eliminating cyberviolence, such as Internet

bullying, luring and cyberstalking.

The second stream is aimed at helping sexual-assault centres or community service providers prevent and respond to such violence.

Projects at the local level could be given up to \$175,000 over two years, while national initiatives are eligible for up to \$300,000 over three years.

THE CANADIAN PRESS

Over and out: Senate votes to oust Duffy, Wallin and Brazeau

Expense scandal.

Drawn-out proceedings finally end with the trio losing pay, privileges for the duration of the parliamentary session

Mike Duffy, Pamela Wallin and Patrick Brazeau were cast Tuesday into political limbo — suspended by the Senate and reviled by their former Conservative colleagues, including the prime minister who appointed them.

All three have maintained they're the victims of a politically motivated witch hunt aimed at putting a lid on a Senate expenses scandal that has engulfed Stephen Harper's government for almost a year.

"I think it's an extremely sad day for democracy," Wallin said as she exited the Senate chamber after the vote, her voice heavy with emotion.

"If we can't expect the rule of law in Canada, then where on earth can you expect it?"

Brazeau said nothing as he left the Senate. Duffy did not



Patrick Brazeau, left, and Pamela Wallin are seen leaving the Senate Tuesday. Senators have voted to suspend Wallin, Brazeau and Mike Duffy for allegedly claiming improper expenses. SEAN KILPATRICK/THE CANADIAN PRESS

show up for the vote.

The trio retain the title of senator and their health, dental and life insurance coverage, but get no pay and lose their Senate privileges and resources for the duration of the current parliamentary session, which could continue for two years.

Harper's office expressed

satisfaction with the suspensions, which followed weeks of emotional, often explosive debate, punctuated by bombshell revelations from Duffy that directly implicated the Prime Minister's Office in the scandal.

"Removing these three senators from the public payroll



was the right thing to do," the PMO said in a statement.

"They should not be collecting a public paycheck."

While the vote to suspend the trio marks the end of a protracted and politically damaging debate, the shock waves wrought by Duffy are still reverberating for Harper and his

Conservative government.

The RCMP is investigating the three senators, as well as former Liberal senator Mac Harb, and the steady drip of revelations from police documents filed in court is sure to continue to keep the scandal front and centre.

THE CANADIAN PRESS

Still going...

Hours before the Senate voted to suspend the senators, Stephen Harper endured another question period grilling, this time about a leaked letter that shows the RCMP is seeking documents that "may potentially be evidence of criminal wrongdoing" by some in the Prime Minister's Office.

- In particular, investigators are looking for emails related to a "script" Mike Duffy said he was given by the PMO to cover up the fact that Nigel Wright gave him \$90,000 to repay his disallowed expenses.



Sen. Mike Duffy
THE CANADIAN PRESS FILE

San Franciscans search for answers to barge mystery

San Francisco's mayor says he doesn't know what it is. Police say it's not their jurisdiction. And government inspectors are sworn to secrecy.

Google is erecting a four-storey structure in the heart of the San Francisco Bay but is managing to conceal its purpose by constructing it on docked barges instead of on land, where city building permits and public plans are mandatory. Construction became obvious a few weeks ago.

The Internet giant's actions at Treasure Island appear legal. But the mystery surrounding the bulky floating building — and a similar one off Portland, Maine — is



A barge under construction is docked at a pier at Treasure Island. JUSTIN SULLIVAN/GETTY IMAGES

generating rumours and worries.

Privacy experts, environmentalists and legal authorities say that whether it is a store to sell Google's Internet-connected glasses, a data-storage centre or something else, the secrecy may

Worries down by the bay

Deb Self, executive director of the environmental group Baykeeper, said whether the structure is a store or a data centre powered by wave action, there are going to be grave concerns.

- "We don't really want to see the bay used as a shopping mall. Unacceptable," she said.

backfire because Silicon Valley residents are highly protective of one of the most scenic and environmentally sensitive bays in the U.S.

THE ASSOCIATED PRESS



Meet Ms. Marvel: Kamala Khan

Marvel Comics is bringing Ms. Marvel back as a 16-year-old daughter of Pakistani immigrants living in Jersey City named Kamala Khan. She is among the first to be a series protagonist who is both a woman and Muslim. She can grow, shrink and shape shift. THE ASSOCIATED PRESS/MARVEL COMICS

Random biz fact of the day

250

250 CVs are received on average for each job position.

BEHIRING/NEXCAREER

Market Minute

DOLLAR
95.62¢ (-0.37¢)

TSX
13,361.78 (no change)

OIL
\$93.37 US (-\$1.25)

GOLD
\$1,308.10 US (-\$6.60)

Natural gas: \$3.48 US (no change)
Dow Jones: 15,618.22 (-20.90)



Douglas Coupland

Douglas Coupland's latest novel, *Worst. Person. Ever.*, is available from Random House Canada.

Day 3

metronews.ca/temp

Pick your battles

Migrant workers raise a little hell on a Prairie farm

It didn't last, but a group of temporary, foreign farm workers at a small Prairie town were the first in Canada to accept a collective agreement.

The 14 workers, who travelled from Mexico to Portage la Prairie, Man. every summer to work picking crops like onions and broccoli, voted to ratify a three-year collective agreement through the United Food and Commercial Workers in the summer of 2008.

But a Supreme Court of Canada ruling in 2011 quashed the right of migrant workers in Canada to collectively bargain with their employers.

METRO IN WINNIPEG

Wage gap

An hour of your time for \$5.44 less

So how do temps stack up to the rest of the work force when it comes to pay?

Well, there's a pretty stark difference.

Across Canada, temps earn, on average, \$19.58 per hour — \$5.44 less than permanent workers, according to Statistics Canada.

ANGELA MULLINS/METRO

Temp Enjoys Thursday Meal Special at Mister McFunbury's

Rarely have I ever felt so much like Sigourney Weaver at the end of an *Alien* movie. Around me nothing but casualties and disaster while I, Shannon the survivor, exit the doomed motherhood to hop into a taxi to go on my glamorous date with a high-flying Asian businessman.

"Where to, Miss?"

"Mister McFunbury's."

"The one where they had the hostage taking last September?"

"No, the one by the off-ramp that takes you to the oil refineries."

"Right."

Mr. Xu (pronounced Mr. Shoe) was standing by the cigarette machine as I was told he would be. He wasn't hot, but he wasn't unhot, either — that's an important distinction. He was my age — late twenties, kind of Banana Republic, and he was quite relaxed given the clattering of walkers stemming from "It's A Senior's Shrimpy Thursday!"

"I'm Shannon."

"I am Mr. Xu."

"Let's grab our seats."

We sat down, and my first instinct was to figure out Mr. Xu's language capacity. "How long

have you been in the city?"

"Two very glorious nights."

"I'm glad they've been glorious. Is your hotel OK?"

"Most gracious hotel. Thank you."

Oh dear. I was going to be sitting with a fortune cookie all night. Well, OK. "Why don't we get into the McFunbury's spirit, Mr. Xu?"

"That would be most excellent."

I'm not totally proud of myself, but I went right for the booze — we hadn't even ordered food and I was trashing

I'm not totally proud of myself, but I went right for the booze — we hadn't even ordered food and I was trashing the three Sarahs.

the three Sarahs. "My issue with Sarah No.1, Mr. Xu, is that on the first anniversary of Whitney Houston's death she Facebooked: "One year later, heaven took an angel from Earth too soon."

"Most unfortunate."

"I'll say. And my issue with Sarah No. 2 is that at a Friday staff lunch she suggested "we girls" go off on our own and have a "cuddle puddle" to discuss things "the boys just wouldn't understand."

"So sorry."

"And my issue with Sarah No. 3 — killer martinis, by the way — is that she insists on microwaving popcorn with that nauseating fake butter smell. She says, "Well I think it smells like fun. If you don't like fun then I feel sorry for you."

"Most ungracious."

I stared at the laminated menu. "What do you think you'll order, Mr. Xu?"

He then looked at me and said,

Random fact of the day

How cute is this?

- Sea otters hold hands when they sleep and eat in order to keep from drifting apart.

SOURCE: DAILYMAIL.CO.UK



"Well, I'm not feeling very surf-and-turf — you know, it's a mood that you're either in, or you're not. And I kind of carbo-loaded at lunch — doing a half marathon in three weeks — so I guess I'll get a clubhouse with McFunbury Sauce on the side. You?"

"You, Mr. Xu, are a total dick."

"Let us both have one more most glorious martini. Clean or dirty?"

TO BE CONTINUED...

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GIVE HUGS NOT DRUGS, ER, NOT

They're at it again.

"They" of course, are those faceless, officious minions of Politically Correct Behaviour who are ruining all the fun.

Just when you think They can't get any more faceless or officious, They pull something like a ban on touching for little kids, with consequences for those five-year-olds who dare to hold hands.

Yes, you read that right. Kindergarten kids at Coghlan Fundamental School in a Vancouver suburb were told on Friday they couldn't touch each other, no way, no how.

No holding hands, hugging, pushing each other on the swing, playing tag or doing anything that involves contact.

And if you don't think They are serious, They sent this sternly-worded memo to parents:

"We will have a zero-tolerance policy with regards to



JUST SAYIN'
Paul Sullivan
metronews.ca

hands-on play, resulting in the missing of playtime and trips to the office for those who are unable to follow the rules."

"OK," says the principal to the kid, "what are you doing in my office?"

"I hugged Madison."

"That's pretty serious. That sort of thing could lead to tag or even, gasp, an outbreak of holding hands. No recess for you!"

Why? Why? Glad you asked. Because this kind of stuff (touching) is allegedly dangerous and has caused some injuries, maybe. No specifics because there is nothing real that could ever justify such a ridiculous ban.

They can't help themselves. A couple of years ago, a Toronto school banned all balls:

soccer balls, basketballs, baseballs, footballs, volleyballs, everything except those foam Nerf balls. Try playing basketball with a Nerf ball.

The idea behind this nonsense appears to be: "Yeah, it's all fun until someone gets hurt." And, to be honest: "We realize this looks completely nuts but our lawyers told us to do it, and we do everything They tell us to do."

But really, can They ever go far enough? Sure, a ban on touching will discourage physical harm, but what about the mental anguish of my five-year-old? Sticks and stones will break my bones, but names will cause me to complain to the Human Rights Commission. Better issue a ban on talking.

What about breathing? Breathing causes the intake of particulate matter that can lead, later in life, to Chronic Obstructive Pulmonary Disease. Better ban breathing.

Seriously, this is evidence of a massive failure of nerve at the adult level. Either that or there's a growing reluctance to kiss the boo-boo or wipe away the tears, at least without wearing rubber gloves. It's much easier to put the little gaffers in a hermetically-sealed bubble and get back to the serious business of contract negotiations. Now about that sick leave...

ZOOM

Are these up close or far away?



Answers, clockwise from top left corner: micro: wing of a Green Darner dragonfly; macro: desert region of Arabian Peninsula; micro: surface of a rotted human tooth; macro: dune patterns in the Erg Oriental, Algeria. PHOTOS COURTESY STEPHEN YOUNG AND PAUL KELLY

Photos test our perception of size

These pictures test our ability to tell apart the microscopic and macroscopic worlds.

Geographer Stephen Young and biologist Paul Kelly of Salem State University collected more than 50 such images for a joint exhibition at Salem and at Clark University in Worcester, Mass. **METRO**

Q and A

What an expert says

STEPHEN YOUNG
Professor of Geography, Salem State University, Mass.

How can I guess which is small or large-scale?
Age and education level do

not seem to decide if people will get it right. School kids have been doing as well as college students and the general public. Professionals who have used electron microscopes or satellite imagery tend to do better, but even they misidentify some as well.

Best aspect of the project?
There is something deeply intriguing about trying to figure out at what scale the image is and then to be so surprised when it is the opposite. To think something is a millimetre and to find out that it is 1,000 kilometres is quite surprising.

Clickbait



ANDREW FIFIELD
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There's no shortage of apps and services that will allow you to stream music to your mobile device, but none get more use on my iPhone than SoundCloud. It's free, the selection is endless and just letting it play is the safest path to discovering something new. Try these accounts for great electronic music.



CONTRIBUTED

DFA Records:

Easily the reigning champ of the disco renaissance we've been hooked on for the past few years, the home of James Murphy and LCD Soundsystem also happens to be extremely generous with keeping their feed updated with new tracks.
(soundcloud.com/dfa-records)

Future Classic:

Just as danceable as DFA's output, but with occasional forays into beachside guitar pop and bittersweet ballads. There are already

hundreds of songs posted for you to work your way through. Get ready to favourite a chunk of them.
(soundcloud.com/futureclassic)

Ninja Tune:

The London, U.K.-based label is among your best bets for when you're in the mood for something a little on the strange side. It's cool, though. There's nothing threateningly interesting. Just endless creative restlessness. (soundcloud.com/ninja-tune)

Twitter

@metropicks asked: So now Rob Ford has admitted smoking crack, tell Metro what you've done **#inoneofmydrunkenstupors**

@necksbest: I may have listened to Justin Bieber **#inoneofmydrunkenstupors**. But I don't follow him and I'm not an addict

@jmmelanson: ran for mayor of Toronto and won accidentally **#inoneofmydrunkenstupors**

@Jdubs12: **#inoneofmydrunkenstupors** I drank some coke, a cola.

@katangus: **#inoneofmydrunkenstupors** I ordered both the paperback and Kindle editions of 50 Shades of Grey.

@JGregRandall: I was in Seattle last year and did not visit the Space Needle. What was I thinking? **#drunkenstupor**

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It's no Baby Sitter's Club, but Thor will do, I guess

Natalie Portman.

The star talks about her obsession with a certain book series and working with legend Anthony Hopkins

RICHARD
CROUSE

scene@metronews.ca

Despite starring in two movies based on a Marvel hero Natalie Portman says, "I've never gotten into comic books."

This weekend she reprises the role of Jane Foster, scientist and love interest to the God of Thunder in *Thor: The Dark World*.

Portman may not have spent time reading comics but she can understand the obsession fans have with Thor's characters because she was once a fan girl herself.

"The one thing I ever got into, like, that is really dorky," she says, "until I was 12 or 13 I was obsessed with the *Babysitter's Club*, a series of books for girls. There was a new book every month and the day the book would come out I had to go to the bookstore and get it and read it on the way home."

"The writer's name was Ann M. Martin and my friends and I would look in the phone book and call every Ann Martin trying to get her."

"One time she came to our bookstore and did a signing. The week before I wrote a packet about what her next book should be about, with drawings, and I waited in line for three hours and gave it to her and she was like, 'OK weirdo.'"

Playing heroine Jane Foster is miles away from her Academy Award winning role in the dark psychological drama *Black Swan*.

Portman admits she "never thought I'd get the chance" to act in a superhero movie, "which is why whenever they ask I say yes."

Also appealing is the chance to work with Anthony Hopkins, who she describes as "a giant among actors."

She shares several scenes with the veteran actor and says she was "completely intimidated" by him.

"I kept messing up lines



Kat Dennings, left, and Natalie Portman star in *Thor: The Dark World*, which opens this weekend. ALL PHOTOS CONTRIBUTED

Part-time job



Playing Odin, the one-eyed king of Asgard and father to the main character in *Thor: The Dark World*, was a part-time job for Oscar winner Anthony Hopkins.

- **Quote.** "I was doing another movie at the same time, *Red 2* with Bruce Willis," he says. "So I didn't know where I was. Sometimes, while I was waiting for the pick up I'd wonder what I was doing that morning. Today I'm with Bruce until 4 o'clock in the afternoon and then go do a little bit of Thor."

around him because I was so nervous but he was so sweet about it. He'd say, 'That's a really hard line to say.'"

Book lover

"The one thing I ever got into, like, that is really dorky — until I was 12 or 13 I was obsessed with the *Babysitter's Club*, a series of books for girls. There was a new book every month and the day the book would come out I had to go to the bookstore and get it and read it on the way home."

Natalie Portman

Talking about her nerdy habits

Many of her scenes with Hopkins take place on Asgard, the celestial planetoid home to Thor and his family, which raises the question, does Portman believe there is life on other planets?

"That question makes me think of another movie. In *Antz* all the insects are around a campfire," she says, laughing, "and they say, 'Do you think there's something bigger than us out there?'"

"It totally feels like that. Of course there has to be something else out there. I don't know what it is but it would be completely silly to think that we're it."

Analysis

What's behind the hammer?



IN
FOCUS
Richard Crouse
scene@metronews.ca

It's hammer time at the movies this weekend.

Thor: The Dark World opens in theatres, bringing with it Chris Hemsworth as the sledgehammer-wielding superhero with his rippling muscles, crazy mythology and Dark Elves.

The Marvel comic series borrowed the character from Norse mythology, co-opting the God of Thunder's most famous weapon, the Mjölmir. In myth the name translates to "that which smashes," and refers to his hammer, a fearsome club capable of levelling mountains, causing lightning flashes and boomeranging back when he throws it.

"The power within

Mjölmir," he says, "doth rage like the winter storms bursting upon the shore in furious assault!"

According to Nordic legend the mallet was forged by dwarven brothers Sindri and Brokkr but Marvel embroidered the lore, adding to the story the fictional Asgardian metal uru as the main component of the basher and an inscription that reads, "Whosoever holds this hammer, if he be worthy, shall possess the power of Thor."

The image of Thor flying through the air, propelled by Mjölmir, is the iconic picture from the comics and movies, but not from mythology.

According to legend, Thor's preferred mode of transport was a chariot drawn by two 1,700-pound warrior goats named Toothgnasher and Toothgrinder.

Thor: the man, the myth, the legend.



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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



No, it's just a gentleman's club, guys... with bed sheets

So apparently that Brazilian brothel Justin Bieber hung out at over the weekend wasn't exactly a brothel per se, according to some sources that are trying to help salvage the 19-year-old pop star's reputation.

Centauros is more like "an old-fashioned gentleman's club," a source tells E! News.

"For what it is, it is high

end and it's not cheap to get in there. There is an entrance fee. Playboy-types go there and local businessmen and tourists."

Of course, that doesn't quite explain why the establishment would have bed sheets bearing its logo on hand — one of which Bieber hid under as he was rushed out of the building.

And as for the two women from the club who left with Bieber?

"The girls that work there — some have clothes on and some kind of don't," the source explains. "They are all in there to make money. They don't work for the club."



Drew Barrymore

Drew Barrymore's on her way to being a Griswold

Drew Barrymore wasn't kidding last month when she told Jay Leno that she and husband Will Kopelman are ready to try for a second baby. The actress' rep confirmed to E! News that Barrymore is once again pregnant. Her first child, daughter Olive, was born in September of last year.

"I grew up as an only child," she told Leno last month. "That really works for some people, and for some parents that's the way they want to do it. I want to be the Griswolds."



Miley Cyrus

Miley Cyrus mocks In Touch magazine

Miley Cyrus is clearly taking all the tabloid attention she's been receiving in stride. In Touch magazine published an extensive cover story on the singer with a giant headline, "Miley finally admits: I need help!"

So what was Cyrus' response? She made the magazine cover her profile picture on Twitter.

The lost link to golf heaven

Bermuda. Island's plethora of renowned courses attract players from around the world



BRIAN KENDALL
canadiangolfttraveller.com

Bermuda is renowned for its pink sand beaches, turquoise waters and refined atmosphere. Just as unforgettable are Mid Ocean, Port Royal and the other golf courses on an island of almost celestial beauty.

"You go to heaven if you want to," Mark Twain famously said of Bermuda. "I'd rather stay here."

Founded in 1609 by survivors of a British shipwreck, Bermuda has long enjoyed a reputation as one of the most beautiful places on Earth. Sailboats and luxury yachts dot the harbour at Hamilton, the bustling capital, where colonial-style houses topped by stepped roofs to collect rainwater are painted in a palette of pastel colours. Oleander, frangipani, bougainvillea and hibiscus scent the warm breezes of the Gulf Stream.

High season in Bermuda, located roughly 1,000 kilometres east of the North Carolina coastline, runs from April through October. But many Canadians visit during the sub-tropical island's more temperate winter months, when daytime highs average just below 20 C, room rates are reduced, and tee times at top courses are readily available.

Though just 54 square kilometres in size, Bermuda is remarkably rich in world-class golf courses. The sport has been



Port Royal's signature 16th hole is a par three clinging to a cliff high above Whale Bay. PHOTOS: MARKETING BERMUDA



Breathtaking ocean views will help you forget your double bogeys.

a major tourist draw since the early 1920s, when Riddell's Bay Golf and Country Club opened on a narrow peninsula thrusting into the turquoise waters of the Great Sound. The tight fairways and small greens of architect Devereux Emmet's 5,713-yard layout offer ample challenge, especially when winds gust off the Atlantic.

A few kilometres north of Riddell's Bay is Mid Ocean Club,

a superb Charles Blair Macdonald design that has symbolized Bermuda golf since opening shortly after the launch of Riddell's Bay.

Mid Ocean is where Bermuda's elite take their divots. Billionaire Ross Perot and New York's Michael Bloomberg own houses in the rolling hills overlooking the golf course. Another member, movie star Michael Douglas, became a lo-

cal hero in the aftermath of hurricane Fabian in 2003 when he used his private jet to deliver chain saws and generators, then stayed for a week to help in the cleanup.

Remodelled with good judgment by the great Robert Trent Jones Sr. in 1953, Mid Ocean offers risk-and-reward golf at its best as it winds 6,520 yards through rolling inland countryside before ending dramatically with a par four that skirts the bluffs overlooking the sea.

At Mid Ocean's daunting 433-yard par-four fifth, where the fairway bends around a lake that is widest on the direct line to the green, Babe Ruth once put a dozen balls in the water before hitting a home run.

Two other popular and challenging layouts are Tucker's Point Club, a hilly Roger Rulewich redesign that is the centrepiece of a posh resort community featuring Tucker's Point Hotel and Spa; and Belmont Hills Golf Course, a re-

After golf

- **Beaches.** Bermuda is renowned for its secluded and pristine pink sand beaches. Three of the best: Whale Bay, Astwood Cove and Jobson's Cove.
- **Snorkelling.** There are roughly 300 shipwrecks to explore in warm and clear waters offering reefs, underwater caves and a variety of marine life.

modelled 6,017-yard layout offering panoramic vistas of the Great Sound and Hamilton Harbour. Bermuda even boasts one of the world's top-ranked par-three courses, Turtle Hill Golf Club, an 18-hole, 2,962-yard beauty on the grounds of Bermuda's largest hotel, the towering pink 593-room Fairmont Southampton.

But the buzz these days is about the rejuvenated Port Royal Golf Course, which every October since 2009 has hosted the PGA Grand Slam of Golf, a made-for-TV exhibition featuring the winners of the year's four major championships.

Built in the 1960s by Trent Jones Sr. atop oceanside cliffs on the south shore, the government-owned course received a brilliant \$15-million revamp several years ago by Rulewich, who worked with Jones during the original construction.

Especially unforgettable is Port Royal's signature 16th, a staggeringly gorgeous wind-blown par three clinging to a cliff high above Whale Bay that stretches to a heroic length of 235 yards from the back tee.

Twain had it right. With golf holes like that, heaven can wait.

Adventuring

Tips for your own epic global trek



ON THE MOVE
Loren Christie
life@metronews.ca

An around-the-world trip is something many of us dream of but the thought of planning it can be daunting.

The first step is acknowledging that it will be a lot of work. You're not just planning one holiday, you're planning

12 or 15 or 20 back to back and dealing with numerous flights, hotels, airport transfers, different currencies, languages and time zones.

You should count on being away for at least a couple of months and once you hit the road it's imperative to leave time every few days to stay on top of — and make changes to — your schedule.

Plan an itinerary that ensures you visit the spots you have always dreamed of seeing: the Great Wall of China, the Taj Mahal or the Great Barrier Reef.

However, make sure to leave room for some spontane-

ity in your trip.

Once you're on the road, the reality of travelling could have you feeling differently about places.

Book holidays within the holiday. You'll need to give yourself a rest every now and then.

Don't feel bad that you're not exploring some hidden temple or touring a museum. Sometimes you just need to plant yourself in a beach chair with a drink in hand.

The more obscure the places you want to hit, the more expensive your ticket will likely be. Stopping in major hub cities like London,

Sydney and Bangkok will keep the price of your plane ticket down. Purchase your ticket with an airline that is part of a larger alliance, like Air Canada and Star Alliance, which gives you the option to fly on more than 25 airlines as part of your ticket. Remember that round-the-world plane tickets will keep you moving from east to west or vice-versa; you can't go backwards.

Pack light, but also pack what you like to wear. You're going to be wearing the same clothes again and again, through countless layovers, different climates and a variety of cultures. While

shopping may be enticing, lugging around what you buy for weeks or months will quickly become cumbersome.

Don't be afraid to go alone. My friend @MSiddiqi is currently on month six of a solo trip and loving it.

If you are travelling by yourself you will meet other people easier than if you were travelling with a companion.

The opportunity to move at your own pace is an added bonus of travelling alone.

A round the world trip can be a costly, time-consuming endeavour, but the rewards are priceless.

3 TIPS

Move over pumpkins, it's orange's time to shine in the kitchen

Orange Pound Cake



This recipe serves 12. ROSE REISMAN



ROSE REISMAN
For more, visit
rosereisman.com or
follow her on twitter
@rosereisman

If you love pound cakes but don't want to add on the pounds, this is a perfect dessert or snack in the afternoon. The cream cheese gives the cake a creamy and buttery texture without the calories and the fat.

For the record, each serving contains 214 calories and 7.6 grams of fat.

1. Preheat oven to 350 F. Spray a 9- X 5-inch loaf pan with cooking spray.

Nutritional analysis

Per serving: 241 calories, 4.5 g protein, 7.6 g total fat, 1.9 saturated fat, 40 g carbohydrates, 42 mg cholesterol 42 mg

Ingredients

Cake

- 2 eggs
- 1 1/4 cups granulated sugar
- 1/4 cup orange juice
- 1/4 cup vegetable oil
- 2 oz light cream cheese, softened
- 1 tbsp grated orange rind
- 1 tbsp poppy seeds
- 1 2/3 cups all-purpose flour
- 1 1/2 tsp baking powder

- 1/2 tsp baking soda
- 2/3 cup low-fat sour cream

Icing

- 1 oz light cream cheese, softened
- 1/2 cup icing sugar
- 1 tbsp fresh orange juice

Garnish

- Poppy seeds and/or grated orange rind

2. To make cake: In a food processor or in a large bowl and using an electric mixer, beat eggs, sugar, orange juice, oil, cream cheese, orange rind, and poppy seeds until smooth. In another bowl, stir together flour, baking powder, and baking soda; into cream cheese mixture, alternately stir flour mixture and sour cream, making three additions of each. Pour into prepared pan.

3. Bake in the centre of oven for 45 to 50 minutes or until a tester inserted in centre of cake comes out clean. Remove from pan and cool completely on a wire rack.

4. To make icing: In a food processor or in a bowl and using an electric mixer, beat all icing ingredients together. Spread over top of cake. Garnish with poppy seeds and/or orange rind.

Drink of the Week

The Perfect Martini

- 2 oz Luksusowa Vodka
 - 1/4 to 1/2 oz dry vermouth
 - Crushed ice
 - Olive, onion or a lemon twist
- Tools**
- Stainless steel shaker or glass pitcher with spoon and strainer
 - Atomizer
 - Martini or rock glass
 - Condiment pick or zester (depending on selected garnish)

Use chilled martini or rock glass. Sparingly atomize inside of glass with the dry vermouth (less vermouth equals a martini that is more dry). Gently shake or stir Luksusowa Vodka with crushed ice in stainless steel shaker or glass pitcher. Immediately pour (straining out ice) into glass. Garnish with olive, onion or a lemon twist.

COURTESY
LUKSUSOWA



Classic cheesecake gets tropical upgrade

Sweet, tropical mango flavours healthy enough for an every-day indulgence? It's possible with this unique take on the classic cheesecake recipe.

1. Heat oven to 300 F (150 C). Line bottom of 9-inch (23 cm) spring form pan with parchment paper or spray with non-stick cooking spray.

2. Combine crust ingredients and press into spring form pan. Bake 10 minutes. Cool on

wire rack.

3. In medium bowl, beat cream cheese and sugar on medium speed until light and fluffy, about 5 minutes. Add yogurt and flour and beat until smooth.

4. Add eggs one at a time and beat on low until blended.

5. Fold in mashed mango. Pour cheesecake into prepared pan.

6. Bake 1 hour or until centre is slightly jiggly. Turn off oven; let cool in oven 20 minutes with door closed.

7. Remove from oven; run knife around side of pan to loosen. Cool on wire rack 2 hours. Cover; refrigerate at least 4 hours. Carefully remove sides of pan.

8. Garnish with chopped mango, if desired.

COURTESY OF YOPLAIT CANADA



This recipe makes 12 to 16 servings. YOPLAIT CANADA

Ingredients

Crust

- 1 cup (250 ml) graham cracker crumbs
 - 2 tbsp (30 ml) butter or margarine, melted
- Filling**
- 2 pkgs (250 g each) light

- cream cheese, softened
- 1/2 cup (125 ml) granulated sugar
- 6 x 100 ml containers (about 2 cups/500 ml) Yoplait Yopa! Greek Yogurt – Mmmm Mango Tango

- 3 tbsp (45 ml) all-purpose flour
- 3 eggs
- 1 cup (250 ml) finely mashed mango (about 1 mango)
- Additional chopped mango for garnish



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Tales of Twitter gone terribly awry

Watch what you web.

Can you be formally disciplined by your employer for your tweets, comments and postings? History tells us, yes.

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The social media world has become more expansive, and more a part of our everyday routine, so it should be no wonder that it has seeped into our working life as well.

Social media can be a great platform for self or company promotion (think how vast your reach is on LinkedIn, Twitter, Facebook), but at the same time, it can spell demotions, suspensions and terminations.

A perusal of the news is a testament of the career-damaging potential of social media.

Real world examples

Ontario Hockey League

Take for example Joe Monette, an Ontario Hockey League referee, who was sus-



If you don't "like" the idea of being let go, then be careful what you cast out into the social sphere. ISTOCK

pended for his online posts.

After officiating a game in Sault Ste Marie, Monette took to Twitter and tweeted the following: "Soo Saint Mari, two words, Slim Pickens. #noteeth #hicktown #allfaties."

Not surprisingly, the

residents of Sault Ste Marie did not appreciate the comment, and uproar quickly ensued.

In an attempt to quell the upset caused by his tweet, Monette subsequently tweeted: "My tweet last night was not meant to be

offensive and was meant as a joke between myself and a buddy of mine that lives in the Soo. I apologize if I offended anybody."

The OHL was not satisfied with Monette's blanket apology, and suspended him for the rest of the season and playoffs.

Mr. Big & Tall Menswear

Following the death of Amanda Todd, a 15-year-old British Columbia teen who took her own life after years of bullying, a Facebook memorial wall was created in her honour. Justin Hutchings of London, Ont., posted a profane comment to that memorial wall, which suggested that he was glad the teen had taken her life.

Hutchings' employer, Mr.

Big & Tall Menswear was readily identifiable on his Facebook account. Upon learning of the posting, the company immediately terminated Hutchings' employment. Kamy Scarlett, senior vice-president of store operations and corporate HR with the employer, commented that the termination was based on their "zero tolerance for the mistreatment of others no matter what form it takes."

Kent Police

Just outside of another city of London (this time in England), a teen named Paris Brown, who had recently been appointed the first youth police and crime commissioner for Kent, faced similar outrage when her

tweets were published in the local newspaper.

In that regard, Brown's tweets bragged about her drinking and drug use, criticized the local pizzeria employees for not speaking "proper English" and included various racist and homophobic comments.

While members of the British Parliament called for Brown's resignation, Brown defended herself by stating that the tweets were taken out of context and that she was "wildly exaggerating" on Twitter.

Despite Kent Police and Crime Commissioner Ann Barnes' supportive statement that Brown's tweets were not unlike the posts of many other teenagers on social media, Brown ultimately resigned.

These recent examples seem to contradict the conventional wisdom that what employees do on their own time is their own business.

Regardless of whether or not an employee's online comments/conduct rises to the level of "just cause" for termination without notice and severance, it remains an employer's prerogative to proceed with a "not for cause" dismissal, and provide appropriate termination arrangements.

In other words, an ill-advised social media post may cost you your job regardless of whether or not it represents "just cause."

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Employment-related misconduct

What has emerged from recent cases is that employers can take the position that an employee's off-site and off-duty conduct online will constitute employment-related misconduct if:

- The employee's conduct harms the employer's reputation.

- The employee's conduct makes the employee unable to perform his/her duties satisfactorily.

- The employee's conduct leads to refusal, reluctance or inability of the other employees to work with him/her (think blogs/posts criticizing

coworkers!).

- The employee's conduct makes it difficult for the employer to properly carry out its function of managing its business and efficiently directing its workforce.

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Djokovic still has Nadal's top spot in his sights

Novak Djokovic returns to Roger Federer at the ATP World Tour Finals on Tuesday at the O2 Arena in London, England. Djokovic defeated Federer 6-4, 6-7 (2), 6-2, keeping alive his chances of overtaking Rafael Nadal in the race for the year-end No. 1 spot. KIRSTY WIGGLESWORTH/THE ASSOCIATED PRESS

Cavaliers' No. 1 pick Bennett stuck at zero

NBA. First-ever Canadian to be taken first overall has yet to score basket through four games

The No. 1 overall pick is still looking for basket No. 1.

Anthony Bennett, the first player taken in this year's NBA draft, hasn't scored a field goal for the Cavaliers.

Through four games, Cleveland's burly forward from Brampton, Ont., has missed each of his 15 shots from the field, including eight three-pointers. He appears lost with

Quoted



"Once he figures out how hard he has to play offensively in order for it to happen on a possession by possession occurrence, he'll be good."

Cavs coach Mike Brown, on No. 1 pick Anthony Bennett.

the ball in his hands, causing some to wonder if the Cavs made a mistake with their choice.

He's O-for-the-season so far. According to STATS, Bennett is just the fifth rookie — playing a minimum of five minutes — to begin his career without making a field goal in the first

four games. None of the other four, though, were selected No. 1.

Cavs coach Mike Brown said there are several reasons for Bennett's drought.

"He's probably pressing to a certain degree," Brown said after practice Tuesday. "So it's probably a little of that and a

little bit of being on a big stage now in the regular season with it counting."

For comparison's sake, Philadelphia 76ers rookie Michael Carter-Williams has 26 field goals already, and eight other rookies who have attempted at least 15 shots have put one shot through the rim.

The 20-year-old Bennett showed flashes of offensive firepower during the exhibition season, but the regular season has been nothing but a series of missed shots. He is 2-for-4 at the free-throw line, with each attempt coming in his NBA debut against Brooklyn.

THE ASSOCIATED PRESS

OHL

Knights forward signs NHL deal with Columbus

Another player on the London Knights roster has signed with the NHL.

Burlington-native Josh Anderson has inked a three-year, entry-level contract with the Columbus Blue Jackets, the team announced Tuesday.

Anderson, a fourth-round (95th overall) pick in the 2012 NHL draft, has been an "integral member" of the Knights this season, the club said in a statement. He has 15 points (seven goals, eight assists), so far.

The 212-pound right-winger signed as a free agent with the Knights in 2011. Since then, he's played 148 regular-season and 38 playoff games, earning a combined 94 points (45 goals, 49 assists). METRO



Josh Anderson
ECAC

OUA

Mustangs McNair, MacDougall crack all-rookie list

Two Western Mustangs have been named to the OUA All-Rookie list.

Defensive back Jesse McNair, a London native, earned 22 tackles and one interception during eight regular-season games. Matt McDougall, a receiver from Belleville, picked up 171 yards, playing in five regular-season games.

OUA coaches selected players through votes.

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For Wickenheiser, it's rest for the reluctant

Women's hockey.

Canada's all-time scorer says she's disappointed by exclusion from Four Nations roster, but has 'big picture' in mind

Hayley Wickenheiser wishes she was playing in the Four Nations Cup this week, but says she accepts the decision by coaches to leave her off the Canadian women's hockey team roster along with five other players.

Canada's all-time scorer and captain for all major tournaments since 2007 was one of six players who didn't make the trip to Lake Placid, N.Y., for the annual international women's hockey tournament featuring Canada, the U.S., Sweden and Finland.



Hayley Wickenheiser, shown here speaking to a reporter in Calgary in May, will not be playing in the Four Nations Cup this week. JEFF MCINTOSH/THE CANADIAN PRESS

Canadian head coach Dan Church said the move was made to give the 35-year-old Wickenheiser and other veteran players a rest.

Assistant captain and three-time Olympian Caroline Ouellette and forward Marie-Philip Poulin, as well

as defencemen Meaghan Mikkelson, Lauriane Rougeau and Laura Fortino were the others who remained in Calgary.

Poulin, who is recovering from an ankle injury, and Mikkelson were members of the team that won an Olympic

gold medal in 2010.

Canada has 27 women based in Calgary trying out for the 2014 Olympic team expected to be named in late December. Three forwards and three defencemen will be released.

Wickenheiser has played in 14 Nations Cups during her career. Canada opened the tournament Tuesday against Finland and faces the host U.S. on Wednesday. The final is Saturday.

"You want to go, so it's disappointing," Wickenheiser said Tuesday. "They have their plan and their reasons for doing things, so you have to accept the decision, I guess."

"It's hard. You want to be there. But keep in mind the big picture and what we're trying to accomplish in February. They have a plan with the team and what they want to do. You just have to trust that." **THE CANADIAN PRESS**

Olympics

Canada sets up anonymous snitch line to crack down on doping

With the Sochi Winter Olympics fast approaching, overseers of Canada's elite athletes are hoping to avoid a post-podium national embarrassment.

In an effort to catch cheaters, the Canadian Centre for Ethics in Sport launched an anonymous snitch line Tuesday where athletes and others connected to sport can report allegations of doping.

Canadians want to be reassured that every effort is being made to prevent an embarrassing spectacle in Sochi, centre president and CEO Paul Melia told a news conference in Ottawa.

Melia cited the bitter memory of the moment Jamaican-born sprinter Ben Johnson was stripped of his Olympic gold medal after being disqualified for doping at the 1988 Summer Games.

"No one wants to see a Canadian athlete receive a medal on Friday only to see it taken away on Saturday," he said. "We lived that once. We don't want to live it again." **THE CANADIAN PRESS**

NHL

EASTERN CONFERENCE

ATLANTIC DIVISION

| | GP | W | L | OL | GF | GA | Pt |
|-----------|----|----|----|----|----|----|----|
| Tampa Bay | 14 | 10 | 4 | 0 | 47 | 35 | 20 |
| Toronto | 15 | 10 | 5 | 0 | 48 | 36 | 20 |
| Detroit | 16 | 9 | 5 | 2 | 40 | 41 | 20 |
| Boston | 13 | 8 | 5 | 0 | 36 | 25 | 16 |
| Montreal | 15 | 8 | 7 | 0 | 41 | 31 | 16 |
| Ottawa | 14 | 4 | 6 | 4 | 42 | 47 | 12 |
| Florida | 14 | 3 | 8 | 3 | 28 | 49 | 9 |
| Buffalo | 16 | 2 | 13 | 1 | 26 | 49 | 5 |

METROPOLITAN DIVISION

| | GP | W | L | OL | GF | GA | Pt |
|--------------|----|----|---|----|----|----|----|
| Pittsburgh | 15 | 11 | 4 | 0 | 48 | 33 | 22 |
| NY Islanders | 14 | 6 | 5 | 3 | 45 | 44 | 15 |
| Washington | 14 | 7 | 7 | 0 | 44 | 40 | 14 |
| NY Rangers | 14 | 6 | 8 | 0 | 26 | 40 | 12 |
| Carolina | 14 | 4 | 7 | 3 | 27 | 44 | 11 |
| Columbus | 13 | 5 | 8 | 0 | 33 | 36 | 10 |
| New Jersey | 14 | 3 | 7 | 4 | 26 | 42 | 10 |
| Philadelphia | 13 | 4 | 9 | 0 | 21 | 37 | 8 |

Tuesday's results

Dallas at Boston
Ottawa at Columbus
NY Islanders at Washington
Edmonton at Florida
St. Louis at Montreal
Philadelphia at Carolina
Calgary at Minnesota
Vancouver at Phoenix
Buffalo at San Jose

MLS PLAYOFFS

CONFERENCE SEMIFINALS

EASTERN CONFERENCE

NEW YORK VS. HOUSTON

Sunday's result

Leg 1 — New York 2 Houston 2
Wednesday's game — All Times Eastern
Leg 2 — Houston at New York, 8 p.m.

SPORTING KC VS. NEW ENGLAND

Saturday's result

Leg 1 — New England 2 Sporting KC 1
Wednesday's game
Leg 2 — New England at Sporting KC, 9 p.m.

WESTERN CONFERENCE

CENTRAL DIVISION

| | GP | W | L | OL | GF | GA | Pt |
|-----------|----|----|---|----|----|----|----|
| Colorado | 13 | 12 | 1 | 0 | 42 | 19 | 24 |
| Chicago | 15 | 9 | 2 | 4 | 52 | 42 | 22 |
| Minnesota | 15 | 8 | 4 | 3 | 38 | 34 | 19 |
| St. Louis | 12 | 8 | 2 | 2 | 44 | 29 | 18 |
| Nashville | 14 | 7 | 5 | 2 | 31 | 40 | 16 |
| Dallas | 14 | 6 | 6 | 2 | 37 | 42 | 14 |
| Winnipeg | 16 | 6 | 8 | 2 | 39 | 47 | 14 |

PACIFIC DIVISION

| | GP | W | L | OL | GF | GA | Pt |
|-------------|----|----|----|----|----|----|----|
| Anaheim | 16 | 12 | 3 | 1 | 52 | 40 | 25 |
| San Jose | 14 | 10 | 1 | 3 | 53 | 27 | 23 |
| Phoenix | 15 | 10 | 3 | 2 | 51 | 46 | 22 |
| Vancouver | 16 | 10 | 5 | 1 | 46 | 41 | 21 |
| Los Angeles | 15 | 9 | 6 | 0 | 43 | 40 | 18 |
| Calgary | 14 | 6 | 6 | 2 | 42 | 49 | 14 |
| Edmonton | 15 | 3 | 10 | 2 | 36 | 59 | 8 |

Note: Two points for a win, one point for overtime loss.

Monday's results

Anaheim 2 NY Rangers 1

Winnipeg 4 Detroit 2

Sunday's results

Dallas 4 Ottawa 3 (SO)

Calgary 3 Chicago 2 (OT)

Minnesota 4 New Jersey 0

Wednesday's games — All Times Eastern

Pittsburgh at NY Rangers, 7:30 p.m.

Winnipeg at Chicago, 8 p.m.

Nashville at Colorado, 9:30 p.m.

Phoenix at Anaheim, 10 p.m.

WESTERN CONFERENCE

PORTLAND VS. SEATTLE

Saturday's result

Leg 1 — Portland 2 Seattle 1

Thursday's game

Leg 2 — Seattle at Portland, 11 p.m.

REAL SALT LAKE VS. LA GALAXY

Sunday's result

Leg 1 — LA Galaxy 1 Real Salt Lake 0

Thursday's game

Leg 2 — LA Galaxy at Real Salt Lake, 9 p.m.

NBA

EASTERN CONFERENCE

| | W | L | Pct | GB |
|--------------|---|---|-------|-------|
| Indiana | 3 | 0 | 1.000 | — |
| Philadelphia | 3 | 1 | .750 | 1/2 |
| Toronto | 2 | 1 | .667 | 1 |
| Miami | 2 | 2 | .500 | 1 1/2 |
| Detroit | 2 | 1 | .667 | 1 |
| Orlando | 2 | 2 | .500 | 1 1/2 |
| Cleveland | 2 | 2 | .500 | 1 1/2 |
| Chicago | 1 | 2 | .333 | 2 |
| New York | 1 | 2 | .333 | 2 |
| Atlanta | 1 | 2 | .333 | 2 |
| Charlotte | 1 | 2 | .333 | 2 |
| Milwaukee | 1 | 2 | .333 | 2 |
| Brooklyn | 1 | 2 | .333 | 2 |
| Washington | 0 | 3 | .000 | 3 |
| Boston | 0 | 4 | .000 | 3 1/2 |

WESTERN CONFERENCE

| | W | L | Pct | GB |
|---------------|---|---|------|-------|
| L.A. Clippers | 3 | 1 | .750 | — |
| Golden State | 3 | 1 | .750 | — |
| Houston | 3 | 1 | .750 | — |
| Minnesota | 3 | 1 | .750 | — |
| Oklahoma City | 2 | 1 | .667 | 1/2 |
| Phoenix | 2 | 1 | .667 | 1/2 |
| Portland | 2 | 1 | .667 | 1/2 |
| San Antonio | 2 | 1 | .667 | 1/2 |
| Dallas | 2 | 1 | .667 | 1/2 |
| L.A. Lakers | 2 | 2 | .500 | 1 |
| Memphis | 2 | 2 | .500 | 1 |
| New Orleans | 1 | 2 | .333 | 1 1/2 |
| Sacramento | 1 | 2 | .333 | 1 1/2 |
| Denver | 0 | 2 | .000 | 2 |
| Utah | 0 | 3 | .000 | 2 1/2 |

Tuesday's results

Miami at Toronto

Utah at Brooklyn

Charlotte at New York

Indiana at Detroit

Phoenix at New Orleans

L.A. Lakers at Dallas

San Antonio at Denver

Atlanta at Sacramento

Houston at Portland

Monday's results

Golden State 110 Philadelphia 90

Cleveland 99 Minnesota 92

Memphis 95 Boston 88

L.A. Clippers 137 Houston 118

CFL PLAYOFFS

DIVISION SEMIFINALS

EAST DIVISION

Sunday's game — All Times Eastern

Montreal vs. Hamilton (at Guelph, Ont.), 1 p.m.

WEST DIVISION

Sunday's game

B.C. at Saskatchewan, 4:30 p.m.

Byes: Toronto (East), Calgary (West)

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2014 Ram EcoDiesel

Review. That thing got a Hemi engine? Nope. Something better

MALCOLM GUNN
wheelbasemedia.com

As light-duty pickup trucks go, the upgraded-for-2013 Chrysler-built Ram (né Dodge) is among the best in the business. It has to be to keep pace with the Ford F-150, General Motors' recently renewed Chevrolet Silverado and GMC Sierra, plus maintain its considerable lead over the Toyota Tundra and Nissan Titan.

For 2014, all three domestic pickups offer relatively stout base V6 engines — around the 300-horsepower mark — and impressive levels of fuel conservation. However Ram has taken what for many is the next logical step by adding a turbo-diesel (EcoDiesel in Ram-speak) to its V6 and V8 lineup.

Although a mainstay of the Ram's tougher HD models, there has been no turbo-diesel in the lighter 1500-series pickups. But the new EcoDiesel's timing is ideal since Nissan has a diesel in the works for the next-generation Titan pickup and GM is reportedly developing its own version for the Sierra/Silverado. As Chrysler proved years ago with the 1984 mini-van launch, the first one over the wall risks getting bloodied, but also stands to gain a significant advantage over those who follow.

For the 1500-series application, Ram is using the same 3.0-litre turbo-diesel V6 that's optional in the Jeep Grand Cherokee. The engine, which originates from a company in

Italy that's now 100 per cent Chrysler-Fiat-owned since former partner GM sold its share, produces 240 horsepower and 420 pound-feet of torque. The engine connects to an eight-speed automatic transmission, as does the 3.6 gas engine, while the V8 comes with a six-speed that can be swapped for the eight-speed.

The Ram EcoDiesel can tow up to 7,200 pounds (3,270 kilograms), which is about the same as the 3.6 V6. The diesel can be added to nearly all of the Ram 1500's trim levels, cab configurations and rear- and four-wheel drive lines, from the near-base ST Quad Cab to the loaded-up Laramie Limited Crew Cab.

Only the base ST regular



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2 Chevrolet Silverado
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3 Toyota Tundra
Base price: \$28,100

2014 Ram EcoDiesel

- **Type.** Two-/Four-door, front-/four-wheel-drive pickup truck
- **Engines (hp).** 3.0-litre DOHC V6, turbo-diesel (240)
- **Transmissions.** Eight-speed automatic
- **Base price (incl. destination)** \$33,500

Torque

For serious truckers it's torque that matters most and the EcoDiesel handily beats Ram's base 3.6-litre V6 with its 269-pound-feet and the optional 5.7-litre V8's 410 pound-feet. While the V8's peak torque is close, it comes much higher in the rev range than the diesel's.

Fuel economy

As for fuel economy, Chrysler isn't spilling the precise beans just yet, but based on the numbers earned by the Grand Cherokee, somewhere in the vicinity of 10.0 l/100 km in the city and 7.5 on the highway seems plausible. That would be an improvement compared to the base V6's 11.4/7.8 and the V8's 14.1/9.3 official numbers.

cab is omitted from the list. Of course there's nothing particularly "Eco" about the Ram 1500 EcoDiesel, or any other 2,700-kilogram brute that burns fossil fuel, but at

least the EcoDiesel is cleaner than diesels of old.

As is the case with other automakers' diesels, the Ram's exhaust is treated with a urea-based solution

that chemically neutralizes the nasty stuff before exiting the tailpipe. That makes the engine clean enough to pass muster throughout every jurisdiction in North America, but it also means that the urea solution tank will require replenishment every 16,000 kilometres or so.

Fitting the turbo-diesel option to your Ram won't be cheap. Expect \$3,000 over and above the price of a 5.7-litre V8, and about \$5,000 more than the base V6. That would peg the entry fee in the \$33,500 range, including destination charges.

There might not be much payback over the short haul, other than sheer torque, but Chrysler figures about 15 to 20 per cent of Ram customers — likely those who plan on racking up plenty of kilometres over many years — will find taking the EcoDiesel route too tempting to pass up.

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Horoscopes

Aries

March 21 - April 20

By all means, think big but before you put your latest plan into effect, make sure there are no obvious holes in it. Even a minor error could hold you back, so check, double check, then check again to be safe.

Taurus

April 21 - May 21

Try not to take out your frustrations on friends. It's not their fault you can't seem to get your act together. The only way you are going to improve your mood is to ease up and stop expecting so much of yourself.

Gemini

May 22 - June 21

There is a rational explanation for everything that happens. Keep that in mind today and you'll do fine. However, just because there is an explanation does not mean you will find it. Maybe the time's not right.

Cancer

June 22 - July 23

You may not want to admit that a colleague's big idea is better than your own but everyone else can see it so you might as well accept the fact. It's OK.

Leo

July 24 - Aug. 23

You may think you have to cut back on essentials but that would be a false economy. Just because you take a step backward does not mean you will move forward any faster.

Virgo

Aug. 24 - Sept. 23

By all means, point the finger if you can prove who the guilty party is but if there are any doubts, you must keep your suspicions to yourself. It could be you have got the bad guys and good guys mixed up.

Libra

Sept. 24 - Oct. 23

What you say and do must be consistent or you'll leave yourself open to charges of hypocrisy. That applies on the work front, where colleagues will not be impressed if you fail to practice what you preach.

Scorpio

Oct. 24 - Nov. 22

You may regret having made certain decisions but there is no need to feel sorry for yourself. Nor is there any reason to change course. All roads lead to where you need to go, so just keep walking.

Sagittarius

Nov. 23 - Dec. 21

You want to tell others how you feel but for some reason, the words won't come. Maybe you should take the hint and keep your feelings to yourself, at least for now.

Capricorn

Dec. 22 - Jan. 20

Even a Cap takes a wrong turn sometimes so don't get angry with yourself if you have to retrace your steps today. The worst thing you can do is to blunder ahead regardless. There's a steep drop up ahead.

Aquarius

Jan. 21 - Feb. 19

What is painful in the short term may be beneficial in the long term, so don't give up on what you are doing yet. The more you have to work at something, the more likely it is you will master it.

Pisces

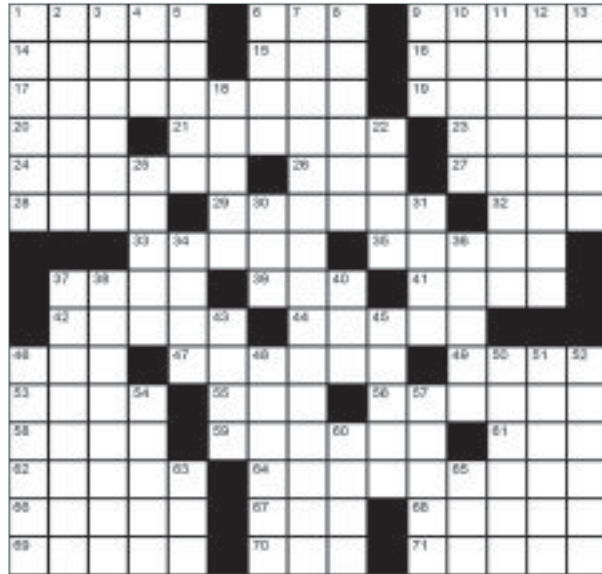
Feb. 20 - March 20

You may have to be economical with the truth today, especially if there is information you need to keep out of the hands of your rivals. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

- Do cartography work again
- Great Expectations character
- Capital of Senegal
- Gladden
- Record label for Elvis
- Mary J. of song
- Nova Scotia community, a name Beatles fans must love
- Armée du ___ = The Salvation Army
- Tree tool
- Indicate
- Nero's 1502
- Festive strands
- Hosp. area
- Tree trunk
- Formerly
- Rise
- "Waking ___ Devine" (1998)
- Butcher shop waste
- Succeed in life: 2 wds.
- Dynasty of ancient China
- ___ Mahal
- Songstress Ms. Simone
- "The Planets" composer: Gustav ___ (b.1874 - d.1934)
- More recent
- P' in MPH
- Quash
- Think, archaically
- Trompe l'___ (Visual illusion)
- Mr. Cruise



- Stick to
- Rocker Mr. Osbourne
- Of service
- FOX cartoon, "American ___"
- Satellite of Saturn
- Ex-RCMP officer on "Dragons' Den", Jim ___

- Tennis great Ivan
- Sanctions
- Faint trace
- S s s s s s
- Clock setting in St. John's, commonly
- "Egads!"

Down

- There's not

- anything to which you can't ___ - Alanis Morissette, "Everything"
- Magical potion
- Experts
- Lunched
- As such, Latin style: 2 wds.
- '70s music genre,

- Rock
- CN Tower and Parliament Buildings, for example: 2 wds.
- Princess' house
- Sound loudness units [abbr.]
- Gentle as ___
- Area of Winnipeg, West ___

- "The Voice" coach Christina
- Made the score even again
- Rice dish
- Breather's need
- Tavern chair
- SNL night, for short
- Finished
- Be a mother hen
- Colin of movies
- Canadian snacks
- Skylines
- 'Game' in Gaspe
- Dancer's dress
- ___ live in a yellow submarine... - The Beatles
- Second smartest dog
- #64-Across' restaurant chain, ___ Pizza
- Stuff in a teacher's correcting pen: 2 wds.
- Juice source
- Some higher-heeled shoes
- "The Hollywood Squares" centre square occupant, Paul ___
- God
- Top
- Chicago trains
- IV + III's equivalent

Yesterday's Crossword

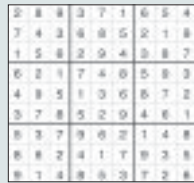


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



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